Elementary First Aid

STCW Table A-VI/1-3 (EFA-01/01)

Duration	15 hours (about 2 days)
Fee	Contact admissions
Certificate	STCW certificate of proficiency, Elementary First Aid
Entry	Open entry
Next intake	Enrolling now. Call admissions to confirm the next start date.

Course overview

Elementary First Aid gives a new seafarer the competence to take immediate, correct action in a medical emergency on board, with the equipment to hand, and to hold a casualty until more qualified help arrives. It follows IMO Model Course 1.13 and the KMA curriculum EFA-01/01.

The course runs for 15 hours, combining online theory with hands-on practice in resuscitation, bleeding control, positioning and casualty transport.

Syllabus outline

1. General first aid principles and the body	Assessing the scene and casualty, and how the body works.
2. Positioning and the unconscious casualty	Recovery position, airway management and monitoring.
3. Resuscitation	CPR and the use of an AED.
4. Bleeding and shock	Controlling bleeding and recognising and managing shock.
5. Burns, scalds and electric shock	Including chemical and radiation injuries.
6. Rescue, transport and the first aid kit	Moving a casualty safely, improvised bandages and hygiene.

Entry requirements

- Open entry: no first aid knowledge assumed
- Aged 16 or over
- Medical fitness
- Able to read the workbook in English

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Assessment and certification

- Online quizzes after each module (pass mark 70 percent).
- Practical assessments on manikins and in scenarios, marked competent or not yet competent.
- Final written paper, then certification.

Career outcomes

- Required for all seagoing employment
- Part of STCW Basic Safety Training
- Boat crews, beach management units and tour operators

How to apply

Apply online at **kimarce.com/admissions**, call **+254 790 141470** or **+254 733 920250**, email **info.kimarce@gmail.com**, or visit us at Korando Peninsular, off New Airport–Busia Road, Kisumu, Kenya. KIMARCE is approved by the Kenya Maritime Authority and registered by TVETA (TVETA/PRIVATE/TVC/0123/2016).